

Support and Services

Getting from A to B

Ascot Volunteer Bureau

Tel: 01344 625520

Ascot Volunteer Bureau provide transport to medical appointments for older residents of Ascot, Sunninghill and Sunningdale. This can include appointments at the GP surgery, hospital, dentist, chiropodist, chiropractor, opticians. A small charge is levied to help with the driver's costs. This is currently £4 for any local journeys within the Ascot, Sunninghill and Sunningdale areas and 45p per mile for longer journeys.

Cookham Voluntary Services

Tel: 01628 523839

Cookham Voluntary Services is an independent voluntary organisation, based at Elizabeth House, which provides transport for patients of the Cookham Medical Centre who, for whatever reason, need help reaching medical appointments.

Datchet Good Neighbour Scheme

Tel: 01753 591 511

Datchet Good Neighbours provides transport to most elderly Datchet residents who require help with transport for hospital arrangements.

Maidenhead Care

Website: www.maidenheadcare.org.uk

Email: office@maidenheadcare.org.uk

Tel: 07538 418 448

Maidenhead Care is a "Good Neighbour" volunteer scheme providing care and support for the people of Maidenhead. One aspect of this is to provide transport for those who are unable to use public transport to get to medical appointments. We can also provide a friendly ear for someone who is lonely and would welcome a visit from a volunteer and a cup of tea together. Unfortunately we can only consider requests from people living within 3 miles of Maidenhead Town Centre.

Maidenhead Voluntary Car Scheme

Tel: 01628 673937

Maidenhead Voluntary Car Scheme provides a private car service for appointments to hospitals, surgeries, clinics and day centres etc.

People to Places

Website: www.people2places.org.uk

Telephone: 0845 269 9924

Everyone depends on reliable, safe and accessible transport but if this isn't readily available people can become isolated and lonely. People to Places provide specialist accessible transport for people with disabilities and mobility problems.

Windsor Voluntary Car Service

Website: www.wvcs.co.uk

Email: bookings@wvcs.co.uk

Tel: 01753 831090

Windsor Voluntary Car Service is to provide caring, accompanied, private-car transport for residents in Windsor whose limited mobility precludes them from using Taxis, Buses or Trains. Our service is open to residents living in the SL4 postcode catchment. Most journeys are within the Windsor area, or to destinations within a ten mile radius around Windsor.

Other Support and Services

CareBank

Email: carebank@rbwm.gov.uk

Many people already use their time to help those around them – whether as a volunteer, a carer or just exchanging favours with friends and neighbours. In RBWM we want to encourage more residents to give and receive help from others. CareBank is a way to encourage volunteers of all ages to help older and more vulnerable people who may need a little extra help so that they can live as independently and as full a life as possible.

Keep Safe, Stay Well

Website: www.rbwm.gov.uk/web/social_falls_prevention.htm

Tel: 0333 121 0205

Keep Safe, Stay Well is a Council Initiative that helps you keep your independence for as long as possible. Therapists can recommend equipment to reduce risks of falling and injuries within the home. If you are feeling isolated within your home, they can help you find local activities.

St Vincent de Paul Society

Tel: 07547 514467

St Vincent de Paul Society visit lonely people at home, in residential homes, and hospitals as well as take elderly people to doctors' and clinics, going shopping for some and even taking others shopping themselves as a rare treat. They may also be able to help in various other ways – such as carrying out minor repairs about the house.



The Silver Line

Website: www.thesilverline.org.uk

Tel (landline): 0800 4 70 80 90

Tel (mobile): 0300 4 70 80 90

If you are feeling alone at any time of the day or night Silver Line is a phone call away. If you would like to hear a friendly voice, as a one-off or regular contact, they are there to help. Silver Line offers a free, confidential service and is open 24 hours to answer your call and, if you would like, give you more information about local groups in your area.