

Details of Day Centres

Ascot District Day Centre

Monday to Friday 10am to 3pm

The Ascot District Day Centre is an independent charity-run organisation, providing a home from home for the elderly of Sunninghill, Ascot and Sunningdale. It has operated for more than thirty years offering members an opportunity to meet friends and socialise in a structured and safe environment.

Coffee is served on arrival and a hot two course meal at lunchtime with tea and biscuits in the afternoon. Each weekday morning the Day Centre is a hive of activity with members able to play darts or indoor bowls while others join in Tai-Chi, Chair Based dance classes, or quietly socialise in the conservatory with friends. After lunch there are usually a few rounds of bingo, a quiz or a raffle, while others prefer a game of cards, darts or indoor bowls. There are regular visits from local people who organise cake sales, fashion sales, card and gift sales.

Services provided at the Day Centre include hairdressing and chiropody. The Citizens Advice Bureau are available every Tuesday morning. There is also a fully equipped bathroom with hoist for members to have an assisted bath; this service is also available to anyone in the local community. The Day Centre provides "Meals on Wheels" to those who are unable to attend the centre. A team of volunteer drivers transport members by minibus to and from the centre.

Who to contact...

Name: Jackie Mann or Maggie Cavanagh

Telephone: 01344 624923

Email: ascotdaycentre@btconnect.com

Where to go...

Address: Ascot District Day Centre
The Chandler Centre
Bagshot Road
Sunninghill
Ascot
SL5 9PD

Boyn Grove Dementia Day Centre

Monday to Friday 8:30am to 4:30pm

Boyn Grove Dementia Day Centre is a specialist day centre offering a range of therapeutic activities for people living with dementia. We offer a safe and stimulating environment with person centred care and individual support. Our dementia care staff are trained and skilled in promoting the wellbeing of the person. We offer support to the individual and their families as they cope with the present and plan for the future. Activities include quizzes, discussion, Cognitive Stimulation Therapy (CST), memory book club, singing, gardening and outings to local attractions.

Who to contact...

Name: Belinda Dixon

Telephone: 01628 685725

Email: boyngrove.dementiaservice@rbwm.gov.uk

Where to go...

Address: Boyn Grove Resource Centre
11 Courthouse Road
Maidenhead
SL6 6JE

Elizabeth House Day Centre

Monday to Friday 10am to 3:30pm

Elizabeth House sits at the centre of the three Cookham communities – Dean, Rise and Village. We welcome members who are independent in daily activities such as eating, going to the toilet and engaging in conversation with others and who are mobile, with or without the need for walking aids. Our members can choose from a range of organised activities throughout the week. We provide a daily lunch for £5, served at noon every weekday, and teas and coffees throughout the day. Coffee/tea (only) 50p per cup. For members who live in Cookham, but cannot get to us by themselves, we can arrange lifts with our volunteer drivers.

Who to contact...

Name: Miriam Blazey

Telephone: 01628 527621

Email: manager@elizabethhousecookham.org

Where to go...

Address: Elizabeth House
Station Hill
Cookham
Maidenhead
SL6 9BS

King George VI Day Centre

Monday to Thursday 10am to 2pm

Situated in the heart of Windsor, the King George VI Day Centre was purpose-built by the Windsor Old People's Welfare Association, a registered charity, as a lunch and social club for older Windsor residents. We aim to provide a safe and friendly environment, where members are encouraged to maintain their independence and wellbeing through activities and social interaction.

S.M.I.L.E. (So Much Improvement with a Little Exercise) visits on Tuesdays to provide some gentle pre-lunch exercise and offers social events for S.M.I.L.E. attendees across the borough. Our hairdresser is available every Thursday in a purpose built salon. Every 6 weeks our foot health specialist treats members' feet and toenails by appointment.

Who to contact...

Name: Charlotte Moore
Telephone: 01753 853654
Email: kgvidaycentre@gmail.com

Where to go...

Address: King George VI Day Centre
82-95 Clarence Road
Windsor
SL4 5AR

Spencer Denney Day Centre

Tuesday to Friday 9am to 4:30pm

The Spencer Denney Centre is a day centre for the elderly. Clients can be brought to the day centre by their family, friends or carers at 9am. Alternatively they can be collected and returned to their home using our people carrier with an electric step.

On arrival at the Centre, members are welcomed with refreshments. A three course lunch is served and drinks are available throughout the day. We encourage social interaction and we pride ourselves that our members enjoy the day without the need for television. The Centre often buzzes with laughter and singing as members are encouraged to participate in activities, but this is always entirely by choice and we respect their right to choose how to spend their time. Our volunteers and staff lead a variety of activities including: singing, music and entertainers; quizzes, jigsaws, cards and other board games; exercise activities four times per week; indoor skittles etc. Membership is available for those within the local area. There is a small annual membership fee and a daily charge for meals, drinks, exercise etc. and transport if required.

Who to contact...

Name:

Telephone: 01753 860685

Email: info@ageconcernwindsor.org.uk

Where to go...

Address: Spencer Denney Centre
Park Corner
Windsor
SL4 4EB

Windsor Day Centre

Monday to Friday 8:30am to 4:30pm

Windsor Day Centre is a day service for older people. We offer a safe and stimulating environment with person-centred care and support for older people with physical or memory problems. We provide individualised care, offering a range of therapeutic activities and support. Our care staff are trained and skilled in promoting the wellbeing of the person. We offer support to the individual and their families as they cope with the present and plan for the future. Activities include quizzes, discussion, Cognitive Stimulation Therapy (CST), singing, gardening and outings to local attractions.

Who to contact...

Name: Lucia Matthews

Telephone: 01753 778549

Email: lucia.matthews@rbwm.gov.uk

Where to go...

Address: Windsor Day Centre
Imperial Road
Windsor
SL4 3RU

Old Windsor Centre

Monday, Tuesday, Thursday and Friday 9am to 3pm

For many local older clients, a visit to the Old Windsor Centre has become a focal point of their week. The centre offers a chance to make new friends, catch up with old friends, simply relax and enjoy a coffee, a good meal or to take part in our ever growing range of activities. All the activities are planned in response to the needs of our members. We listen to what you want and do our best to provide it.

Monday	Tuesday	Thursday	Friday
	Arts & Crafts: 11-11:30am Board Games: 11:30am-12pm Smile Exercise Session: 2-3pm (Cost £1.50 + £5 m'ship fee)	Tai Chi: 10:30-11:30am (Cost £5) Bingo: 1:30-3pm	Short Mat Bowls 11am-12pm (Cost £1)
Lunch served at 12pm – (Cost £6)			

Who to contact...

Name: Emma Hill

Telephone: 01753 854117

Email:

Where to go...

Address: Old Windsor Centre
 27b Straight Road
 Old Windsor
 SL4 2RW